Haddington Care Home Welcome To Our Newsletter As we enter the eleventh month of the year, it's hard not to reflect on how quickly the months have passed by. Amongst all the exciting events that take place at this time of year, it is important to pause and appreciate the little moments. So, sit back and read all about our recent happenings, activities and celebrations. Also, if you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below: Newsletter Sign-Up Best wishes, Leigh Young Home Manager Halloween The Halloween celebrations at Haddington Care Home were once again a huge success. In the weeks leading up to Halloween, we took a trip to a local pumpkin patch to select our own pumpkins. We had a great time carving them, although the smell of raw pumpkin was not particularly pleasant. The highlight of our Halloween festivities was the afternoon party we organised. We were thrilled to have children join us, all dressed up in their spooky costumes and eager to share their best Halloween jokes. It was a fun-filled afternoon that left us with wonderful memories. Our Activities Team were also in spooktacular costumes and our residents enjoyed trying on a scary mask. Halloween masks bring back many memories of days gone by for our residents when Halloween meant going out guising and carrying lanterns made from carved out turnips! Zoolab Visit Animal Therapy We are incredibly grateful to ZooLab for taking the time to visit us and organise animal therapy sessions for our residents. It was heartwarming to see how much our residents enjoyed the experience and some of them even mustered up the courage to hold the animals themselves. The benefits of animal therapy sessions are numerous - they help stimulate and engage individuals while promoting mental and emotional wellbeing. We are particularly grateful to ZooLab for their rewarding work in care homes for the elderly, where they make a huge difference in people's lives bringing joy and happiness to them. Thank you once again, ZooLab, for making a positive impact in our residents' lives! Learn more: https://www.zoolabuk.com Wear It Pink Our Wear It Pink Day Party in aid of breast cancer awareness was held on October 20th. The event was a great success, with a range of activities including music, cakes, games, and more. We would like to express our gratitude to all those who attended the event and supported such a noble cause. Your presence made a significant impact, and we hope to continue raising awareness and support for breast cancer in the future. Read more: https://breastcancernow.org/wear-it-pink/about-wear-it-pink/ Alpacas Furry Friends! Thursday, October 5th was a memorable day for us as we received a visit from the adorable John Muir Alpacas. Their appearance brought smiles to our faces and we enjoyed every moment spent with these furry creatures. Our love for the alpacas was so immense that we even featured in the East Lothian Courier newspaper. It was an amazing experience that we will always cherish. Read more: East\_Lothian\_Courier,\_Alpacas\_visit\_Haddington\_Care\_Home Save The Date  $\widehat{c}$ Haddington Care Home CHRISTMAS FAIR We're excited to announce that we will be hosting a Christmas Fair SATURDAY 25TH NOVEMBER 11.00AM - 3.00PM We're inviting all to join us for a fun-filled event that will include a variety of stalls including Santa's Grotto, a festive atmosphere and plenty of holiday cheer. Money raised will go towards the upgrade of the disabled access for the swimming pool. Birthdays Birthdays, special occasions and life events are always marked in a personal and meaningful way specifically for each resident. Some residents like the day to pass quietly with no fuss and others enjoy a party and lots of fun! As always, we would like to wish a very Happy Birthday to all residents and staff celebrating birthdays, with love from us all.

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