

## A WARM WELCOME TO OUR WINTER 2023/24

# Quarterly Newsletter



## Manager's Introduction

Greetings to all our residents, family members, friends and staff! We hope this newsletter finds you all in good health. There have been many highlights for us recently, which we very much look forward to sharing with you...

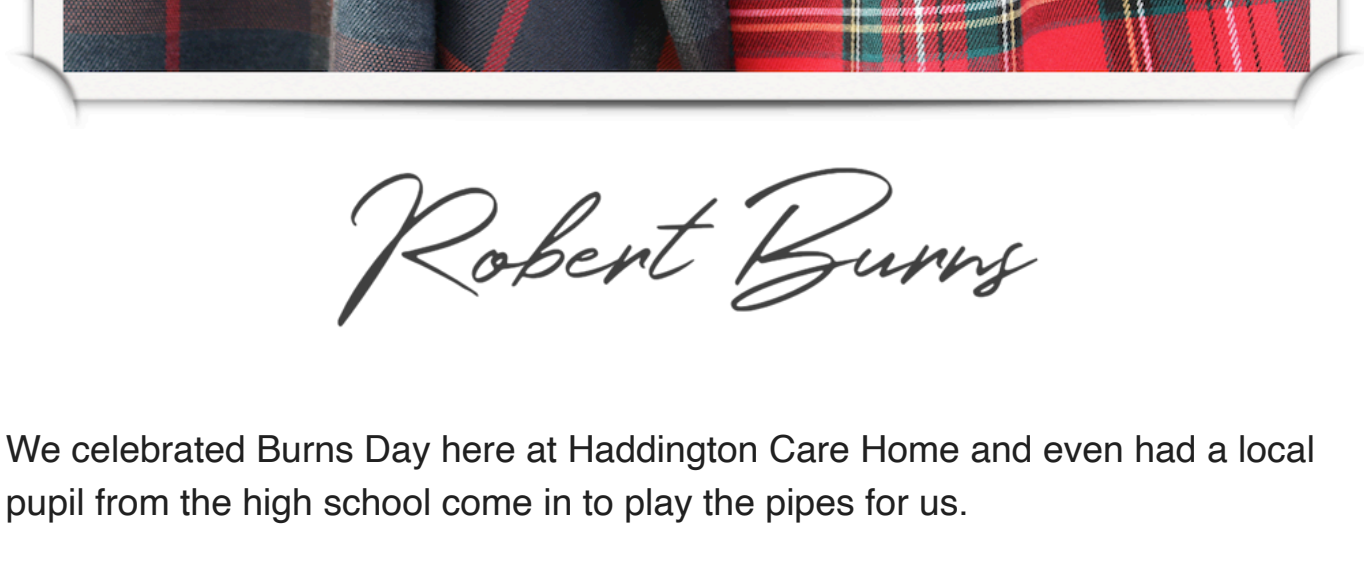
Also, if you know someone who would like to receive our email newsletters just let us know, or forward them the newsletter sign up link below:

[Newsletter Sign-Up](#)

Best wishes,

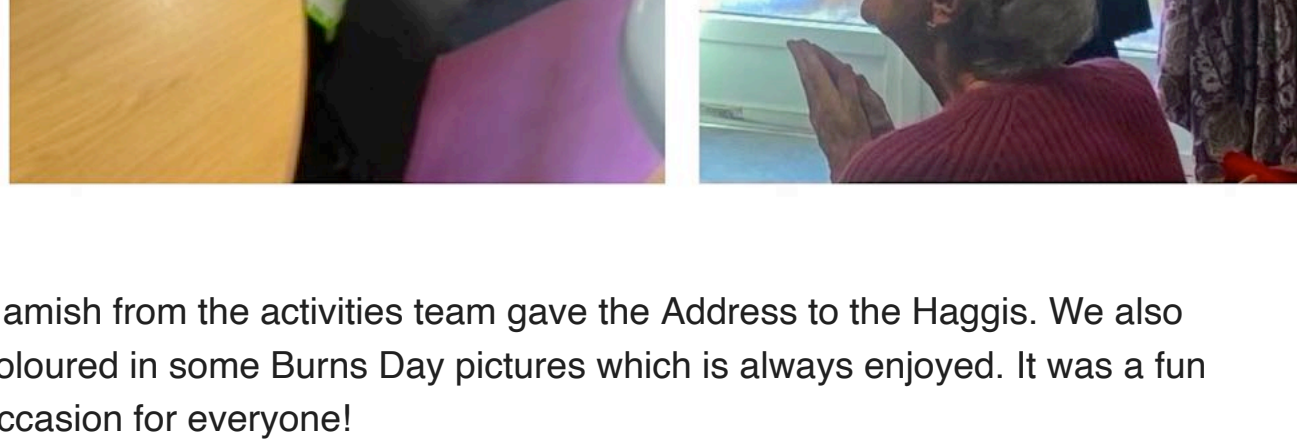
**Leigh Young**  
Home Manager

## Burns Day Celebration



### Robert Burns

We celebrated Burns Day here at Haddington Care Home and even had a local pupil from the high school come in to play the pipes for us.



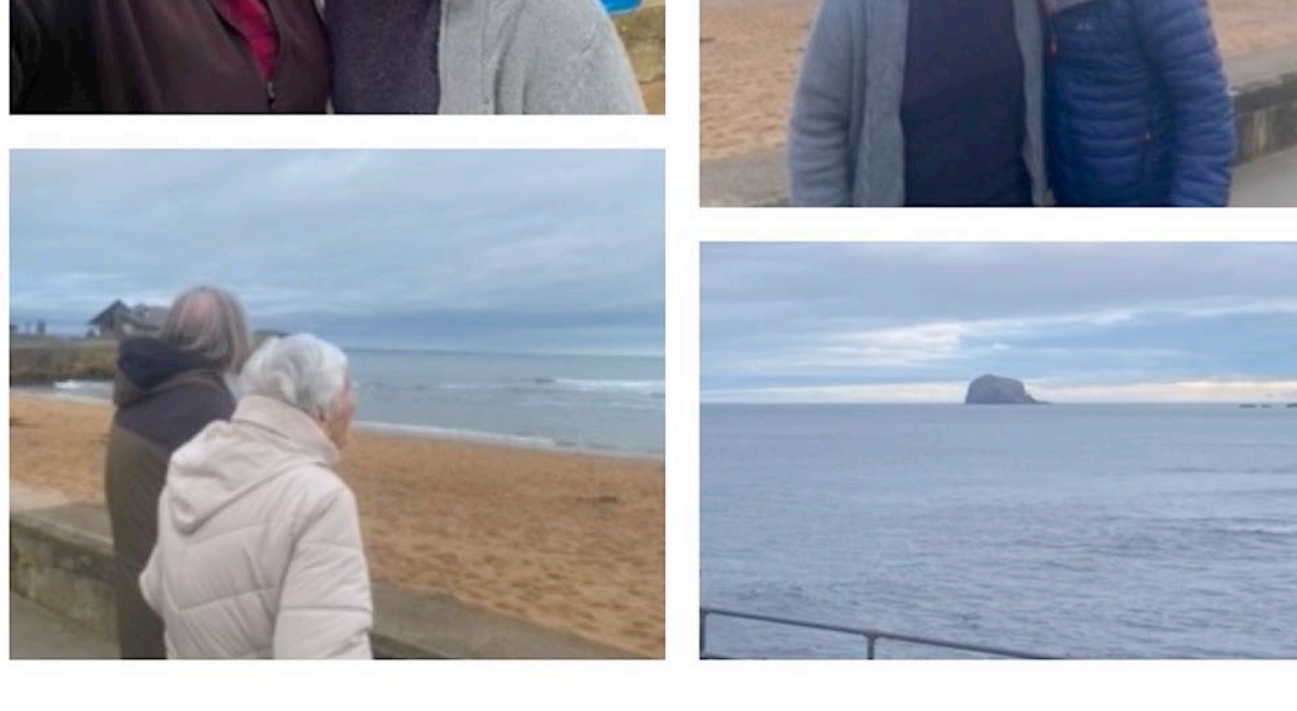
Hamish from the activities team gave the Address to the Haggis. We also coloured in some Burns Day pictures which is always enjoyed. It was a fun occasion for everyone!



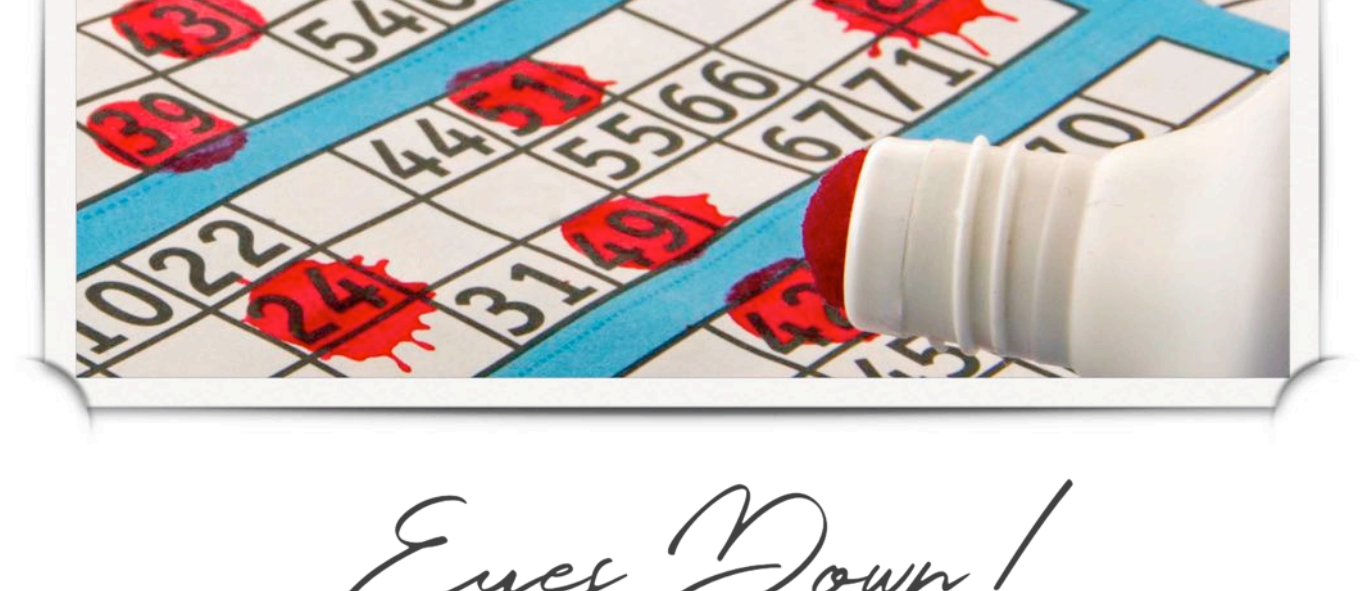
## Out & About

### Wrap Up Warm!

We went for a wee afternoon drive to North Berwick. The residents enjoyed the scenic views and the fresh air. The activity team ensured that everyone was warm and comfortable while exploring the beautiful town.



## Bingo & Wine

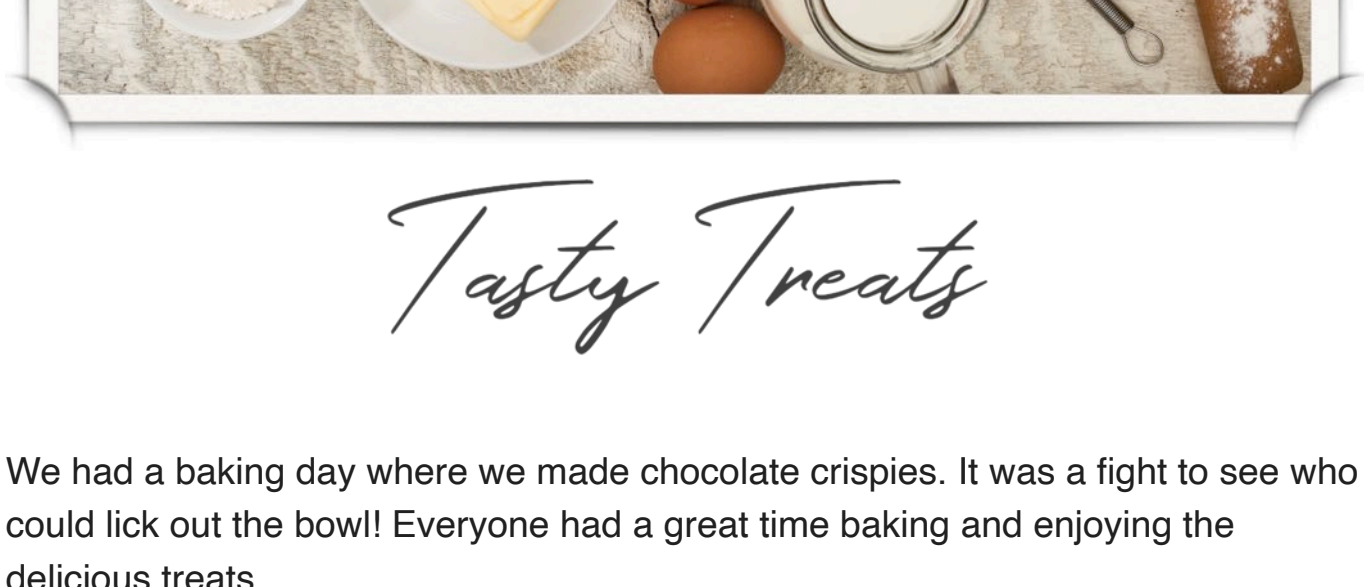


### Eyes Down!

We had a fun evening with Bingo and Wine. It was a great way to socialise and spend some quality time together. The residents were excited to play and win some prizes.



## Baking Day



### Tasty Treats

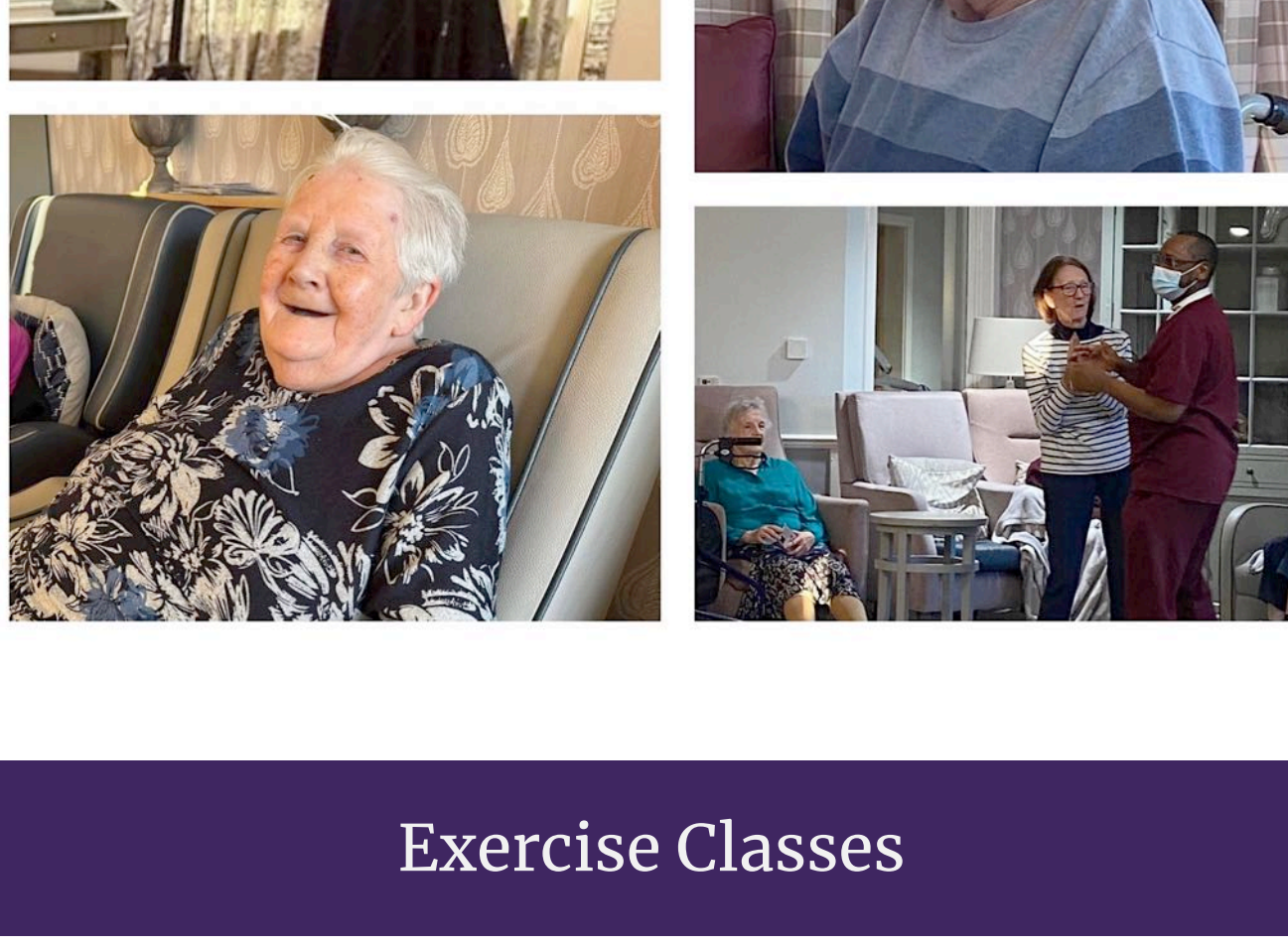
We had a baking day where we made chocolate crispies. It was a fight to see who could lick out the bowl! Everyone had a great time baking and enjoying the delicious treats.



## Musical Afternoons

### Singing & Dancing

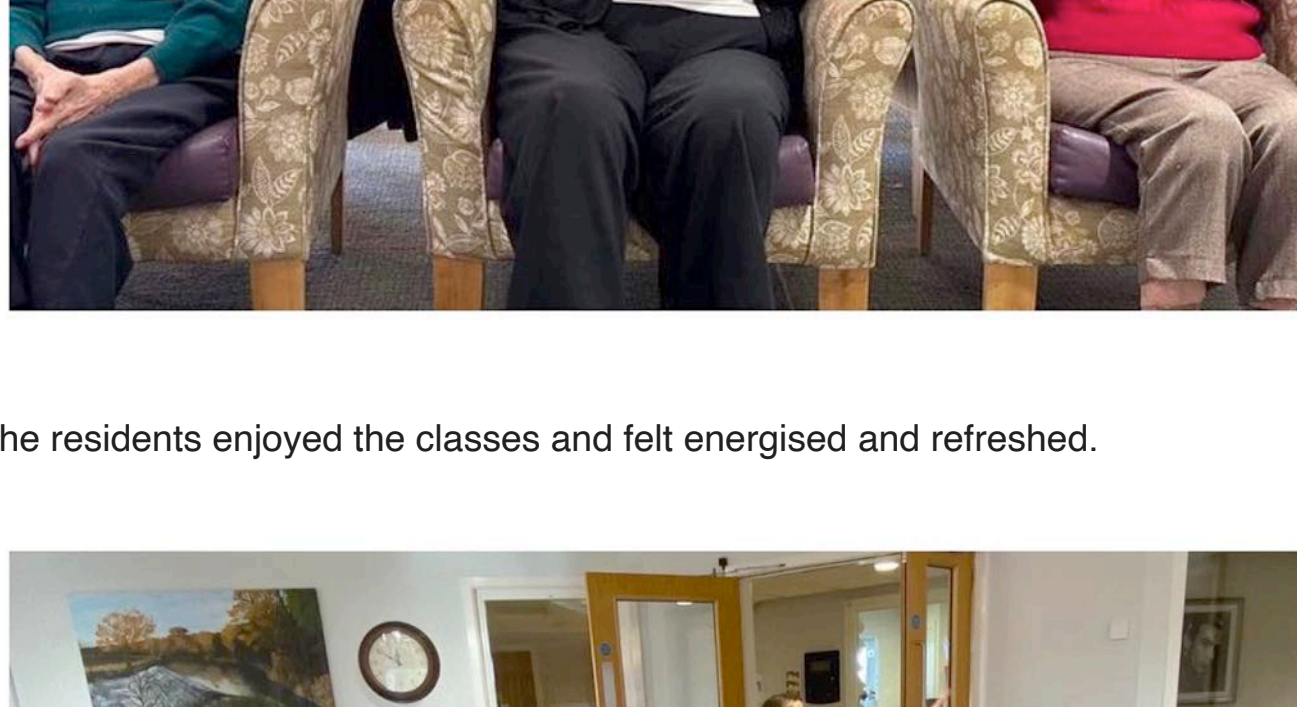
Our singers came in to entertain us. All our residents enjoy the musical afternoons – Scottish music, country and a mixture of 50s, 60s, 70s and 80s. It was a great opportunity to sing along, dance and enjoy the music.



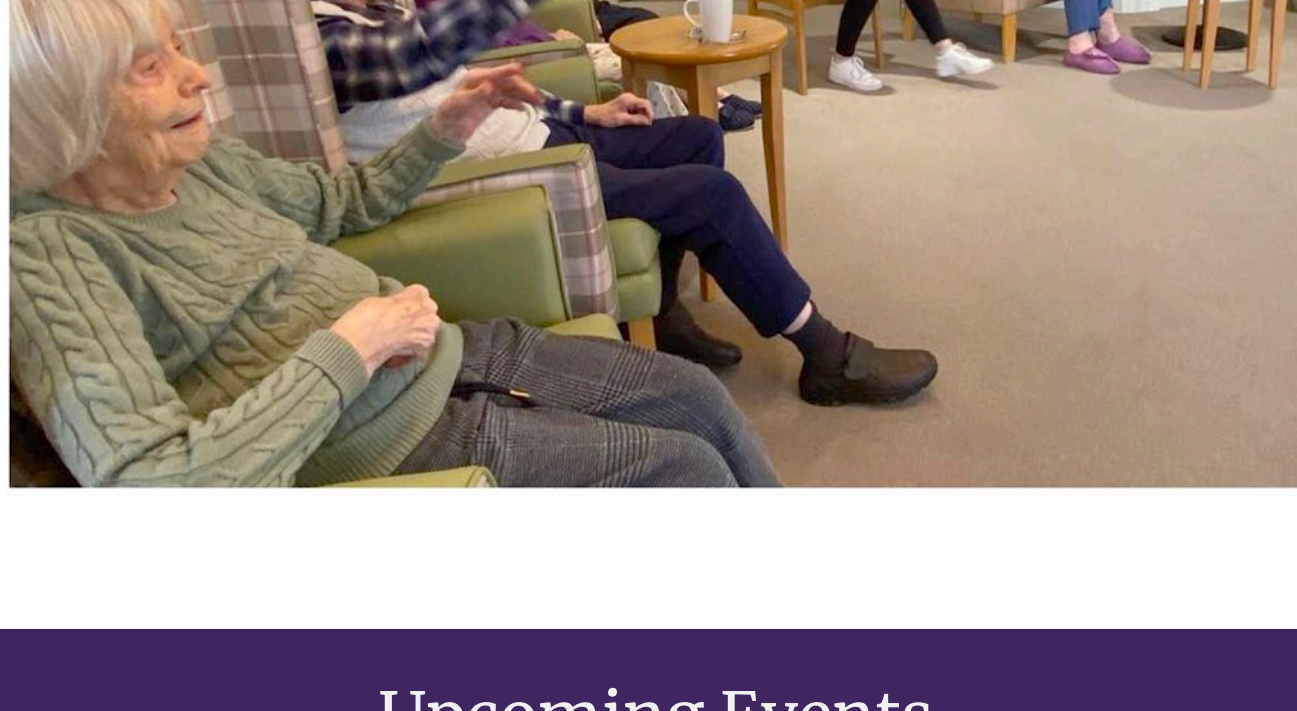
## Exercise Classes

### Motion Is Lotion

Keeping fit is important, and we always have a good laugh while doing some seated exercise during our daily exercise classes.



The residents enjoyed the classes and felt energised and refreshed.



## Upcoming Events



### Coming Up...

We have some exciting events coming up in the next few months. Weather permitting, we will be getting out and about again, doing our river walks. We have boat trips up the Union Canal booked and are looking forward to visiting the Museum of Flight. We will be starting our intergenerational program with the local schools again. We have also signed up for the local whistlerow competition again this year and we will be taking part in the annual Haddington Gala Day where last year we won the cup again, two years in a row. We will see if we can make it three years running!

## Celebrating Birthdays

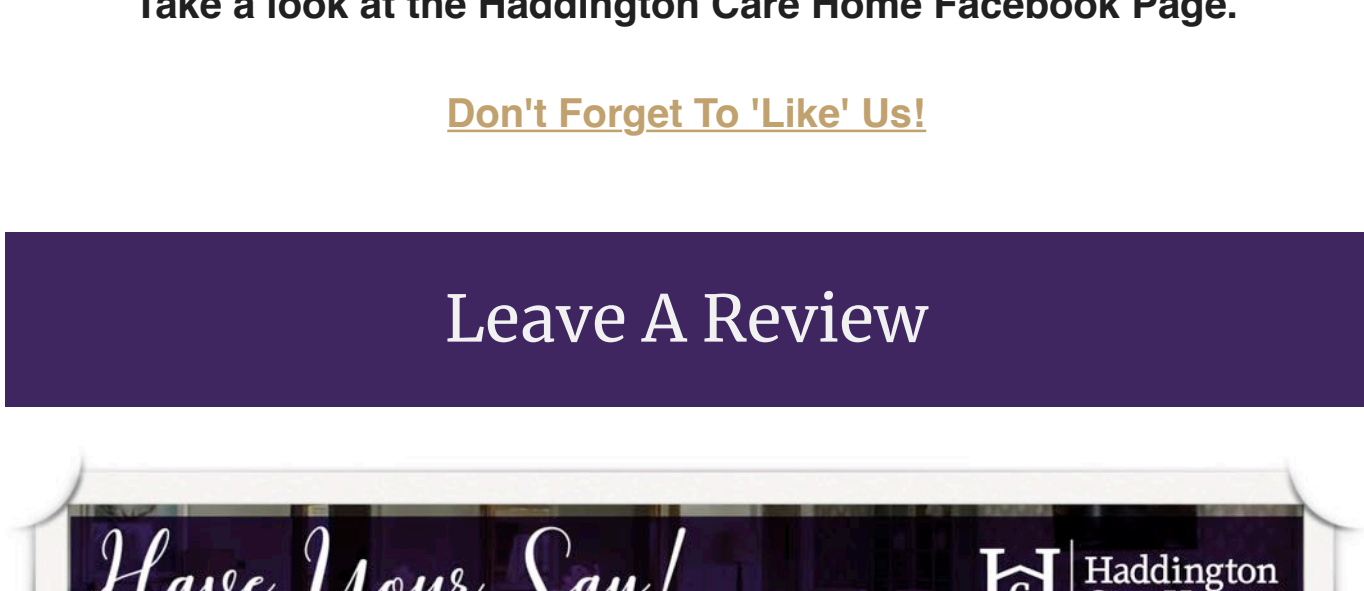


### Birthday Wishes

We celebrated a few birthdays in January and we were delighted to share in the joyous occasions with the residents. We wish all our residents who celebrated their birthdays in January many happy returns!



## Social Media



Take a look at the [Haddington Care Home Facebook Page](#).

[Don't Forget To 'Like' Us!](#)

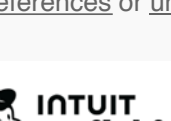
## Leave A Review



We would be very grateful if you could spare a few minutes to write a review for us:

[Google Business Reviews](#)

[Carehome.co.uk Reviews](#)



Produced by [ChatChat Marketing Ltd.](#)

Copyright © 2024 Haddington Care Home. All rights reserved.

Want to change how you receive these emails?  
You can update your preferences or unsubscribe from this list.

