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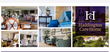
A WARM WELCOME TO OUR
AUTUMN 2024

Quarterly Newsletter



Manager's Introduction

As the leaves fall from the trees, and the cool, refreshing air becomes a familiar presence, we find ourselves in the heart of autumn. It's a time of change, a time of joy-filled fun surrounding with breathtaking colours but also a time to a myriad of activities and events that are thoughtfully put in place to celebrate and enjoy this time of year.

Also, if you know someone who would like to receive our email newsletters just let us know, or forward them the newsletter sign up link below:

Newsletter Sign-Up

Best wishes,

Leigh Young
Home Manager

Barge Trip

Amazing Experience

We set sail with our first Seagull Trust barge trip of the season from Rattle, which is always a huge favourite. It was very relaxing watching the beautiful scenery as we floated along. It was very much enjoyed by all.

Arts & Crafts

Creative Creations

Our residents are fond of arts and crafts, which is always a popular activity. Our residents have been busy creating beautiful pieces of art, showcasing their unique and their impressive creativity. We have kept the home busy and colourful with our flower arranging classes! It's such a lovely way to brighten up the day.

We greatly enjoy our baking sessions followed by the best bit, eating them! It is a great way for our residents to exercise as well as to keep up their baking skills.

Therapy Pets

Cuddles & Pets

Our residents love interacting with animals and a visit from dogs and a new therapy cat, Ginger, is always a highlight of our week. Our therapy pets bring joy, comfort, activism can improve self-esteem and confidence, reduce stress levels, decrease blood pressure and offer a way to increase physical activity. Most important of them all, it brings back memories of a loved ones.

Bingo Games

Eyes Down!

Mental games keep our minds active including word games and puzzles. It one-upon-one interaction with residents, it's a great way to bond with residents, it's a competitive amongst our staff and residents and the winners are always happy with their prizes.

Live Entertainment

Singing & Dancing

Our residents always enjoy a musical afternoon. It brings such joy. We had Rose, Sarah, Ginger, Grace, Anne and Eddie perform and they were wonderful! Entertainment is important for our residents and we are lucky to have such talented bonanza to entertainers coming in and we hope them every week.

We also like to dress up with our very collected and have a good sing along. It is always a great afternoon of fun.

Model Railway

Reminiscing

We took a day around the world with our model train set. It brought back childhood memories and became a talking point about where everyone had travelled by train.

Local Walks

Out & About

As well as outings we have also been busy with our Walking Group. We do enjoy our walks and it is important for our residents to get out and about in the fresh air, as well as relaying to the community and passers-by. This is a great activity to keep quickly when we are feeling the need for open space and free to get out and about in the fresh air.

Pamper Time

Relax & Rejuvenate

With our pampering days, there is no better way to relax and have a better appearance and feel better about themselves. Our residents have been very busy having their nails painted. We had a nice Beauty Therapist Emma, who has started with us, she is here every Thursday for a pamper day with the residents.

Wheelbarrow Competition

Go Team!

We took part in the Paddington's Bloom Wheelbarrow Competition this year and we won the cute-ness trick in the business section of the competition.

Halloween

Spooky Celebrations

We got into the Halloween spirit with pumpkin carving and making decorations for our much enjoyed Halloween Party.

Birthday Celebrations

Many Happy Returns

Special occasions and life events are always marked, personally and meaningfully tailored for each resident but always with love and friendship.

Our residents, Gordon, Bob, Robert, Hamish, Florence and Kevin enjoyed their special day, each receiving a delicious birthday cake, cards, presents and well wishes from fellow residents.

Upcoming Events

Coming Up...

- Mining Museum
- Pantomime trips are arranged to see McScrooge and Aladdin
- Quiz Night
- Car Boot Sale
- Christmas Fair is raising money for the Make-A-Wish UK Charity
- We have a work colleague running a marathon for us in Cyprus for the Make-A-Wish UK Charity
- Christmas celebrations throughout December

Social Media

Take a look at the Haddington Care Home Facebook Page.

Don't Forget To 'Like' Us!

Leave A Review

We would be very grateful if you could spare a few minutes to write a review for us:

Google Business Reviews

Carehome.co.uk Reviews

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