Haddington
Care Home

INTRODUCTION

Message From Our Team

Welcome to our Autumn newsletter! It has been a busy few months at Haddington Care Home, with new activities, outings and some lovely opportunities for residents to get together. We have also said a fond farewell to Linda from our Activities Team, who has retired and is now enjoying life as a lady of leisure! We thank her for all her hard work and wish her a very happy retirement.

We are delighted to welcome Wendy, who has settled in well and already introduced some fresh ideas, including our popular Chair Tai Chi sessions. We have also been building friendships with our sister home in Dunbar, with shared activities and a little friendly competition.

With Christmas approaching, there is plenty to look forward to. I hope you enjoy catching up on our latest news!

Also, if you know someone who would like to receive our email newsletters just, let us know, or forward them the newsletter sign up link below:

Newsletter Sign-Up

Best wishes,

Haddington Care Home Team

SPOOKY SEASON

Halloween Fun with Our Nursery Friends

We enjoyed a Halloween party on Friday 30th October, with children from the local nursery joining residents for games and seasonal activities.

Our visiting singer Margo provided the afternoon entertainment, rounding off an enjoyable day.

ACTIVITIES & EVENTS

Our Gentlemen Get Building

Our new Men's Model Making Group has proved a popular addition to the weekly programme, giving our gentlemen the chance to get together and work on different projects.

Their first creation is a windmill with solar-powered moving blades, which is now ready for painting. Next on the list are model aeroplanes and a car, so there is plenty to keep our budding model makers busy!

Meet Fern, Our New Four-Legged Friend!

Fern, our new therapy dog, has quickly become a favourite at Haddington!

She now visits every fortnight, bringing plenty of cuddles and affection. Residents look forward to her arrival, and her visits often prompt stories about much-loved pets from years gone by.

Music with Emily and Our Visiting Entertainers

We are delighted to welcome Emily, a talented young musician from a local school, who visits every Wednesday to play the piano.

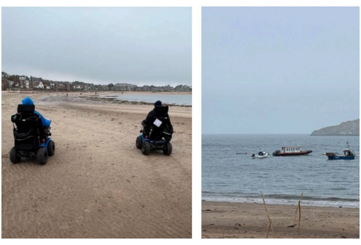
She performs a mixture of familiar favourites and her own compositions, occasionally bringing along her guitar too. Residents have also enjoyed performances from our visiting singers, featuring well-known songs from across the decades.

A big thank you to everyone who shares their musical talents with us!

A Wonderful Day at the Beach

We were delighted to finally arrange a much-anticipated beach outing using specially adapted electric beach wheelchairs.

Residents loved the freedom of travelling along the sand, enjoying the coastal scenery and spending time by the sea. It was a fantastic experience and one we hope to repeat!



Finding Our Balance with Chair Tai Chi

Our new Activities Coordinator, Wendy, has introduced Chair Tai Chi, which has quickly become a popular class.

The gentle exercises are adapted to suit different abilities, allowing residents to take part comfortably at their own pace. The calm, relaxed approach has been very well received.

Out and About

We have enjoyed a variety of outings, including visits to the Botanic Gardens, a boat trip at Ratho and coffee afternoons at local garden centres.

When the weather has allowed, residents have also enjoyed walks along the river, making the most of the fresh air and changing scenery.

Sunday Visits to St Mary's Church

We have started taking residents to St Mary's Church each Sunday, and the visits have been warmly received.

Residents have appreciated the opportunity to attend services in person rather than watching on television, enjoying the familiar surroundings and being part of the congregation.

Some Rather Unusual Animal Visitors!

Cool Creatures visited us in September, bringing along a fascinating selection of animals, including snakes, lizards and even a skunk!

Residents enjoyed meeting the different creatures, with the skunk proving particularly popular with those who fancied a cuddle. It was certainly something a little different!

Games, Crafts and Friendly Competition

Dominoes, bingo and arts and crafts remain popular at Haddington, but our dominoes games have recently taken on a competitive twist!

We have started a tournament with our sister home in Dunbar, giving residents the chance to meet new people and enjoy some friendly rivalry.

The score currently stands at 1–1, with more matches planned. We are looking forward to seeing who takes the lead!

HOME NEWS

A Very Special 90th Birthday

We have celebrated several birthdays recently, including a wonderful milestone for one of our ladies, who turned 90!

She enjoyed a birthday cake and a special afternoon of music to mark the occasion. We send our warmest wishes to everyone who has celebrated a birthday over the past few months.

Happy 90th Birthday
Happy Birthday

COMING UP

Supporting Our Local Football Team

We have received season tickets for our local football team's home matches, and our football fans are looking forward to cheering them on!

Our first match is planned for **Saturday 7th November**, with more outings to follow throughout the season.

Remembrance Service

Our Chaplain will lead a Remembrance service on **Monday 9th November**, and we have been invited to join our sister home in Dunbar for a fireworks evening.

Getting Ready for Quiz Night

Our residents have been brushing up on their general knowledge ahead of our Quiz Night on **Friday 13th November.**

Our practice quiz afternoons have sparked some interesting discussions, and we look forward to welcoming families and friends for the main event.

St. Andrew's Day

For St Andrew's Day, George will be visiting with his accordion for an afternoon of Scottish music. Our new residents' and colleagues' singing group has also started rehearsing, with its first performances planned for Christmas.

Save the Date – Christmas Fair!

Our annual Christmas Fair will take place on **Saturday 5th December, from 11am to 2pm.**

We would love to welcome families, friends and members of the local community to join us as we begin our festive celebrations.

EXTERNAL LINKS

Social Media

Make sure to check out the Haddington Care Home Facebook Page for all our latest photos!

Don't Forget To 'Like' Us!

Leave A Review

We would be very grateful if you could spare a few minutes to write a review for us:

Carehome.co.uk & Google Reviews

Haddington
Care Home

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